

**Peter Friedlander** teaches Hindi and Buddhist Studies. After he left high school he lived in India for five years where he learned Hindi in Varanasi and became fascinated with the study of South Asian cultures and traditions. His research interests include Hindi teaching pedagogy, the history of religion in South Asia and Buddhist studies. He is currently involved in research on the interaction of Asian and Western Buddhist and Hindu traditions and the issue of how Buddhists see India, and how India sees Buddhists.



Jess Huon is a Melbourne writer whose stories have been published in several Australian journals, most recently in *HEAT*. Recently she has lived and worked between Australia and India, writing as well as teaching on silent retreats in numerous monasteries throughout India. When in Melbourne she co-writes and directs performance pieces for mainstream theatres with the theatre company Rollercoaster, comprising actors with disabilities.



Anton Eastick - In 1995 Anton went to Bodhgaya where the Buddha famously sat beneath the Bodhi tree until awakening over 2600 years ago. It felt like coming home for him and many years later he was invited to teach by his teachers. He is currently a mentor with the Living Dharma program, an International 3 month online Mindfulness and Insight Meditation course- see [www.livingdharma.info](http://www.livingdharma.info) for more details.

He is currently studying Hakomi Psychotherapy, see [www.hakomi.com.au](http://www.hakomi.com.au) and is an ongoing student of The Diamond Approach, a psycho/spiritual school which was developed by A.H. Almaas. He offers mindfulness based Life Coaching sessions. His website is [www.thedharmapath.com.au](http://www.thedharmapath.com.au)



**Carol Perry** leads retreats, weeklong bush yatras (mindfulness walks) & dharma workshops. She has 30 years of Insight meditation experience and is a mentor for the web-based Living Dharma program.

Carol is the co-founder of Dharmananda a sustainable community in northern NSW. She has lived in community for 35 years. Her commitment to community led to her work as a dispute mediator and teacher of mindful communication workshops.

In addition Carol has a mindfulness-based psychotherapy (Hakomi) practice in Lismore NSW & Melbourne. For more information about Hakomi, please visit [Hakomi.org.au](http://Hakomi.org.au)

For further information, please contact Carol [cperry@nrg.com.au](mailto:cperry@nrg.com.au)



**Holly Huon** is a certified Feldenkrais Practitioner, having completed the first Feldenkrais Training in Melbourne in 1991 and she has worked with individual consultations (FI) and class work (ATM) ever since.

Holly has been involved in the organisational and professional development of the Feldenkrais method since its inception in Australia in the mid 1980's. Her other qualifications include Physiotherapy, Neuro Linguistic Programming and Caroline Myss Archetypal Work. She has been a student of Oki-do Yoga for twelve years, and Buddhism for fifteen years.

Regarding her practice, Holly sees herself as a "pattern detector" and "shape-shifter", enjoying the challenge of even the most complex adaptive patterns a person gets into following injury, trauma or long term condition. She also enjoys the simplicity of early intervention.

With a love of adventure and family life, Holly "walks the talk", having spent several months of the past three years exploring the Northern Territory and The Kimberley Ranges. She loves spending time with her family and friends, reading, creative arts and movement.



**Christine Thompson** has been on a life-long spiritual journey, embracing teachings of inquiry and insight from across traditions. She sat with J. Krishnamurti and Vimala Thakar and H.W.L Poonja from Lucknow as well as developing her love of the Buddha Dharma. Christine sat her first Vipassana retreat with S.N. Goenka in 1975 and since then has studied with a range of Dharma teachers both in India and in the West, such as Christopher Titmuss, Anagarika Munindra from Bengal, Godwin Samaratne from Sri Lanka and Sayadaw U Tejaniya from Burma. She has lived in a dharma community in the U.K. guided by Christopher Titmuss and Christina Feldman. Her practice has included extended retreats, such as the three month silent retreat guided by Joseph Goldstein at the Insight Meditation Society Barre, Mass., U.S. She also has an ongoing involvement in the Dharma Facilitators Program in Australia. Christine offered teaching support by leading a group and giving interviews on both the Bodh Gaya retreats led by Christopher Titmuss and Radha Nicholson in 2011. In her capacity as a psychotherapist and social worker, she has taught meditation and mindfulness to individuals and groups in the mental health and drug and alcohol fields. Christine continues to be nourished by three teachers in particular; Christopher Titmuss, Radha Nicholson and Jaya Ashmore from Open Dharma.

<http://www.bodhgayanews.net/heartwoodinsightvictoria.htm>



**Samantha Coker-Godson.** Having a particular affinity for both the teachings of the Buddha and the wisdom of the Yogic traditions, Samantha shares the Dharma through the exploration of asana (postures), pranayama (breath), meditation and inquiry. Samantha teaches with the clear and tangible intention of encouraging a fresh and awake approach to not only the practice of Yoga and Meditation but also to life.

Samantha was first introduced to meditation over 20 years ago, she has been teaching meditation groups for 9 years and completed her yoga teacher training more than 7 years ago. In recent years Samantha has been developing and running retreats. These retreats combine her extensive experience as a TCM practitioner (acupuncture), with Yoga and Meditation in a spacious retreat environment making for a unique and supportive program.

For Samantha, each of these practices – Yoga, meditation and Traditional Chinese Medicine – are linked expressions of the Dharma. Her classes are grounding and opening, encouraging a vivid and insightful relationship with our deepest life.

For more information about Samantha, please visit [www.dharmacircle.com.au](http://www.dharmacircle.com.au)